

# Parenting Basics

*Here are the instructions that didn't come with your child!*



What you can do to get your kids to:

- Listen
- Go to sleep
- Eat right
- Stay safe
- Be happy and easier to manage

**Date:** Mondays, April 5- June 14, 2010

**Time:** 11:00-12:30

**Place:** 1st Congregational Church,  
New Milford

**Cost:** Free

**Child care:** Free with advance sign up

**More info:** [www.aspallino@newmilfordvna.org](http://www.aspallino@newmilfordvna.org)

Call Amy @ 860-354-5962



Offered by **Nurturing Families**, a program of the New Milford VNA