

NEED HELP COPING?



*Join us for the **ABC's of Parenting Workshop***
For parents of **toddlers and preschoolers**

Sponsored by:

Nurturing Families Network
A program of the
New Milford VNA



68 Park Lane Rd.
New Milford, CT.06776
CALL Amy
860-354-5962

Day: Wednesdays, starting March 24
Time: 10:00-11:30 for 10 weeks
Location: 1st Congregational Church,
on the Green, New Milford
Fee: FREE

CHILDCARE PROVIDED

Explore: *Healthy expectations*
Behavior management
Family Rules
Tantrums
Sibling Rivalry